



MARCH 10, 2019 -
April 18, 2019

SERMON SERIES

A LENTEN JOURNEY TO THE
CROSS. AN EMPTY TOMB.
RESURRECTION.

MARCH 10

FATHER, FORGIVE THEM, FOR THEY KNOW NOT WHAT THEY DO.

MARCH 17

Truly, I say to you, today you will be with me in paradise.

MARCH 24

WOMAN, BEHOLD YOUR SON. SON. BEHOLD YOUR MOTHER.

MARCH 31

My God, my God, why HAVE YOU FORSAKEN ME?

April 7

I THIRST.

April 14

It is finished.

April 18, MAUNDY THURSDAY

FATHER INTO THY HANDS I COMMEND MY SPIRIT.

April 21

EASTER SUNDAY

"THE TOMB IS EMPTY AND HE IS ALIVE!"



LAST THINGS . . . A JOURNEY THROUGH LENT

LENTEN DEVOTION Guide

MARCH 10 - April 21, 2019

40 DAYS IN THE GOSPEL OF LUKE
STUDY. PRAYER. FASTING.

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INTRODUCTION

"LAST THINGS...A JOURNEY THROUGH LENT" is a LENTEN devotion guide WRITTEN TO FACILITATE AN EXPERIENTIAL JOURNEY THROUGH THIS SACRED SEASON, BEGINNING ON ASH WEDNESDAY, MARCH 6, CONCLUDING EASTER SUNDAY, APRIL 21. My prayer is that it will help you grow deeper in your faith. It is centered around daily readings from the Gospel of Luke. We will begin after the birth narrative and each day read a portion of Luke and be encouraged to pray and fast. Some days we will read fewer verses than others. I tried to honor the natural division of thought. It is not intended to require hours of time, but maybe more than your usual devotion time. Lent is a great time to dig deep in faith. I left some space for a few notes or thoughts.

DURING LENT I will be preaching a sermon series on the last words of Christ from the cross. I will include them in the reading the day before I preach the message. Sundays are traditionally not included in the days of Lent so I have designated them as days to reflect, refuel, and rest.

A brief word of explanation about fasting. We often think of fasting one thing for forty days and is most common. At the end of this guide is a suggested revolving fast you may be interested in trying.

My daily emailed devotions will come from a selected verse or two from each day's reading in Luke and will include some thoughts about the verses. If you are not currently receiving my daily devotion email me at abeasley@jasperfirstumc.com and I will add you.

For those who want to practice fasting in a more traditional way, I would do that as well. I have provided a few suggestions about biblical fasting following the devotions.

We will read Luke straight through beginning after the birth narrative. It will be exciting as the teachings of Jesus unfold, watching His miracles change lives, walking with Him through the passion, the resurrection, His post resurrection appearances, concluding with His ascension. I trust this will be a life changing experience and you will fall in love with our Savior more and more every day.

JOURNEYING TOGETHER,

ALAN H. BEASLEY

Wednesday, March 6, 2019 - Ash Wednesday

Scripture - Luke 4:1-30
Pray and Fast

Thursday, March 7, 2019

Scripture - Luke 4:30-44
Pray and Fast

Friday, March 8, 2019

Scripture - Luke 5:1-16
Pray and Fast

Saturday, March 9, 2019

Scripture - Luke 5:17-39, Luke 23:32-34
Pray and Fast

Sunday, March 10, 2019

Reflect - on God's Word from this week
Refuel - worship with the family of God
Rest - your mind, body and soul

Monday, March 11, 2019

Scripture - Luke 6:1-26
Pray and Fast

Tuesday, March 12, 2019

Scripture - Luke 6:27-49
Pray and Fast

Wednesday, MARCH 13, 2019

SCRIPTURE - Luke 7:1-23
PRAY AND FAST

Thursday, MARCH 14, 2019

SCRIPTURE - Luke 7:24-50
PRAY AND FAST

Friday, MARCH 15, 2019

SCRIPTURE - Luke 8:1-25
PRAY AND FAST

Saturday, MARCH 16, 2019

SCRIPTURE - Luke 8:26-56, Luke 23:44-46
PRAY AND FAST

Sunday, MARCH 17, 2019

REFLECT - ON God's WORD FROM THIS WEEK
REFUEL - worship with THE family of God
REST - YOUR mind, body and soul

Monday, MARCH 18, 2019

SCRIPTURE - Luke 9:1-36
PRAY AND FAST

Tuesday, MARCH 19, 2019

SCRIPTURE - Luke 9:37-62
PRAY AND FAST

Wednesday, MARCH 20, 2019

SCRIPTURE - Luke 10:1-24
PRAY AND FAST

Thursday, MARCH 21, 2019

SCRIPTURE - Luke 10:25-42
PRAY AND FAST

Friday, MARCH 22, 2019

SCRIPTURE - Luke 11:1-28
PRAY AND FAST

Saturday, MARCH 23, 2019

SCRIPTURE - Luke 11:29-54, JOHN 19:25-27
PRAY AND FAST

Sunday, MARCH 24, 2019

REFLECT - ON God's WORD FROM THIS WEEK
REFUEL - worship with THE family of God
REST - YOUR mind, body and soul

Monday, MARCH 25, 2019

SCRIPTURE - Luke 12:1-34
PRAY AND FAST

Tuesday, MARCH 26, 2019

SCRIPTURE - Luke 12:35-59
PRAY AND FAST

Wednesday, March 27, 2019

SCRIPTURE - Luke 13:1-17
PRAY AND FAST

Thursday, March 28, 2019

SCRIPTURE - Luke 13:18-35
PRAY AND FAST

Friday, March 29, 2019

SCRIPTURE - Luke 14:1-35
PRAY AND FAST

Saturday, March 30, 2019

SCRIPTURE - Luke 15:1-32, Matthew 27:45-46
PRAY AND FAST

Sunday, March 31, 2019

REFLECT - ON God's WORD FROM THIS WEEK
REFUEL - worship with THE family of God
REST - YOUR mind, body and soul

Monday, April 1, 2019

SCRIPTURE - Luke 16:1-31
PRAY AND FAST

Tuesday, April 2, 2019

SCRIPTURE - Luke 17:1-19
PRAY AND FAST

Wednesday, April 3, 2019

SCRIPTURE - Luke 17:20-37
PRAY AND FAST

Thursday, April 4, 2019

SCRIPTURE - Luke 18:1-17
PRAY AND FAST

Friday, April 5, 2019

SCRIPTURE - Luke 18:18-43
PRAY AND FAST

Saturday, April 6, 2019

SCRIPTURE - Luke 19:1-27, John 19:28
PRAY AND FAST

Sunday, April 7, 2019

REFLECT - ON God's WORD FROM THIS WEEK
REFUEL - worship with THE family of God
REST - YOUR mind, body and soul

Monday, April 8, 2019

SCRIPTURE - Luke 19:28-48
PRAY AND FAST

Tuesday, April 9, 2019

SCRIPTURE - Luke 20:1-25
PRAY AND FAST

Wednesday, April 10, 2019

SCRIPTURE - Luke 20:26-47
PRAY AND FAST

Thursday, April 11, 2019

SCRIPTURE - Luke 21:1-19
PRAY AND FAST

Friday, April 12, 2019

SCRIPTURE - Luke 21:20-38
PRAY AND FAST

Saturday, April 13, 2019

SCRIPTURE - Luke 22:1-38, John 19:29-30
PRAY AND FAST

Sunday, April 14, 2019

REFLECT - ON God's WORD FROM THIS WEEK
REFUEL - worship with THE family of God
REST - YOUR mind, body and soul

Monday, April 15, 2019

SCRIPTURE - Luke 22:39-71
PRAY AND FAST

Tuesday, April 16, 2019

SCRIPTURE - Luke 23:1-25
PRAY AND FAST

Wednesday, April 17, 2019

SCRIPTURE - Luke 23:26-56
PRAY AND FAST

Thursday, April 18, 2019 - MAUNDY THURSDAY

SCRIPTURE - Luke 24:1-12
PRAY AND FAST

Friday, April 19, 2019 - Good Friday

SCRIPTURE - Luke 24:13-35
PRAY AND FAST

Saturday, April 20, 2019

SCRIPTURE - Luke 24:36-53
PRAY AND FAST

Sunday, April 21, 2019 - EASTER SUNDAY

REFLECT - ON God's WORD FROM THIS WEEK
REFUEL - worship with THE family of God
REST - YOUR mind, body and soul

Guide to Biblical Fasting

1. Fasting is denying the natural to focus on the supernatural.
2. In the Bible, fasting always involved food, still the most common type of fast today. Why? Eating is the most natural thing we do and requires the most discipline to deny our bodies nutrition. It also requires supernatural intervention to keep in its proper perspective. Many other types of fasts have become popular including social media, TV, etc. Fast whichever requires more discipline.
3. First things first. Seek God's guidance on whether you should fast. Get clarity there.
4. If God says yes, ask Him to guide you in a specific type and purpose or purposes for fasting. Not generic, like to be more spiritual, but specific, like overcoming a habit. Write them down. Pray about those purposes every day.
5. Whenever you would be actively engaged in whatever you are fasting, spend that time with God. It does no good just to fast without focusing that time on spiritual matters. Example, fast a meal. Spend the meal time or equivalent at some point in study and prayer.
6. Fasting should not be easy. It wasn't in the biblical days and shouldn't be now. The point is focusing on the supernatural to help with natural desires.
7. The ultimate purpose of fasting is to become closer to God and deeper in faith.

A Rotation Fasting Plan

- Day 1 - fast one meal
- Day 2 - fast two meals
- Day 3 - fast all day drinking only water and juice
- Day 4 - eat only fruits and vegetables
- Day 5 - drink water only
- Day 6 - fast sweets, any food sugar related
- Day 7 - fast bread of any kind
- Day 8 - fast meat and eggs

Repeat this order until the end of Lent.